



Hearts TRC Yoga

Class Information

Class will be held in the saddle, English, without reins but with a horse leader. If you feel the need for a side walker just ask. There will be movement coupled with breathing exercises to demonstrate and improve balance while mounted.

Apparel

Wear layered comfortable clothing you can stretch in and low-heeled boots, no sneakers. Leave dangling jewelry and earrings at home. Carry nothing in pockets while riding. Please arrive 5-10 minutes early so you may be fitted for a helmet.

Payment Policy

Private Sessions are \$65 for an hour.

Group Sessions are \$45 for an hour.

Payment must be made at least 48 hours in advance.

REFUND POLICY: A refund will only be given if Hearts TRC cancels.

There is no refund if the session is held and the participant does not attend.

I have read and agree to the above policies.

Parent / Guardian's Name (print)

Parent / Guardian's Signature _____

Date _____

Participant's Name _____

Medical History:

Describe any difficulties in the following areas (include assistance required or equipment needed):

Physical _____

Psychococial _____



Rider Liability Release

*I, the undersigned, as an adult rider 18 or older, or as the parent and/or guardian of named minor, (**please print name**) _____, for and in consideration of the agreement of Rolling Seas Farm to provide riding instruction, do hereby forever release, acquit, discharge and hold harmless, Hearts TRC, INC, for all manner of claims, demands, and damages of every kind and nature whatsoever, which the undersigned or said minor may now, or in the future, have against Hearts TRC, INC on account of any personal injuries, physical or mental condition, known or unknown, to the person of said myself or said minor and the treatment therefore as a result of, or in anyway growing out of, the acts of Hearts TRC, INC, including, but not limited to, their negligence or gross negligence, in rendering the services above described or in anyway incidental thereto.*

WARNING

UNDER NEW JERSEY LAW, AN EQUESTRIAN AREA OPERATOR IS NOT LIABLE FOR AN INJURY TO OR THE DEATH OF A PARTICIPANT IN EQUINE ANIMAL ACTIVITIES RESULTING FROM THE INHERENT RISK OF EQUINE ANIMAL ACTIVITIES, PERSUANT TO P.L., CHAPTER 287.

DATE _____

NAME OF PARTICIPANT

AGE

SIGNATURE OF ADULT RIDER or PARENT/ GUARDIAN OF MINOR

PRINT NAME OF ADULT RIDER or PARENT/ GUARDIAN OF MINOR

PHOTO RELEASE

Please Check one:

I DO I DO NOT

Give Hearts TRC, INC permission to use my/my child's photograph or video for promotional and educational purposes.

Date _____ Signature _____

Participant, Parent, or Legal Guardian



Hearts TRC Yoga Registration Form

Name _____ DOB _____ Height _____ Weight _____

Address _____

Town _____ State _____ Zip _____

Parent's Name(s) _____

Home Phone _____ Cell Phone _____

Email Address _____

Disabilities _____

Any additional information needed about your child _____

AUTHORIZATION FOR EMERGENCY MEDICAL TREATMENT

Physician's Name _____ Phone _____

Hospital Preference _____

Allergies to medications _____

Current medication(s) _____

In the event of an emergency contact:

Name _____ Relation _____ Phone _____

Name _____ Relation _____ Phone _____

Consent Plan

In the event emergency medical aid/treatment is required due to illness or injury during the process of receiving services, or while being on property, I authorize Hearts TRC, INC to:

- 1. Secure and retain medical treatment and transportation if needed.*
- 2. Release client records upon request to the authorized individual or agency involved in the medical emergency treatment.*

This authorization includes x-ray, surgery, hospitalization, medication, and any treatment procedure deemed 'life saving'.

Date _____ Consent Signature _____

Client, Parent or Legal Guardian